

# COVID & BUSINESS: Foreign citizens and HQS, arriving to Russia must only provide a negative PCR test

According to the Decree of the Chief State Sanitary Doctor of the Russian Federation dated March 30, 2020, fulfilment of 14-day isolation by those arriving in the Russian Federation to carry out labour activities was required.

However, as per the latest updates a differentiated approach to the terms of isolation of foreign citizens arriving in the Russian Federation for the purpose of carrying out labour activities is provided.

Workers with a negative PCR test result and the absence of IgG are subject to observation within 14 calendar days from the date of their placement. Employees with a negative PCR test result and the presence of IgG according to the results of a medical report are sent to the place of work without restrictions.

Other categories of foreign citizens arriving in the Russian Federation in order to carry out labor activities must only provide a medical document (in Russian or English) confirming the negative result of a laboratory study of material for COVID-19 by PCR, selected no earlier than three calendar days before arriving on the territory of the Russian Federation, in accordance with the decree of the Chief State Sanitary Doctor of the Russian Federation dated 03/18/2020 No. 7 "On ensuring the isolation regime in order to prevent the spread of COVID-2019."

*If you or your company have further questions on COVID rules that might impact your business or HQS visa, [get in touch with](#)*

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